



sixteenth
annual

5K



Sunday, October 26, 2014

Mary Jane Davies Park on Plandome Road in Manhasset

registration: begins 8:00am - closes promptly at 9:15am

start time: 9:30am sharp

awards: given 20 minutes after the last participant finishes

t-shirts: available to those who pre-register by October 17th

*rain or
shine*



online pre-registration by October 22
\$25 adults, \$15 kids 13 & under
start2finish.com



mail-in pre-registration received by October 17
\$25 adults, \$15 kids 13 & under
Send form & payment to:
MWCABC 10 Hawthorne Place, Manhasset, NY 11030



day of race registration
\$35 adults, \$25 kids 13 & under
**t-shirts are NOT available for
same-day registrants**

first name	last name	age	sex	address	email	To donate the t-shirt cost please circle "donate"				
						t-shirt size				
						S	M	L	XL	donate
						S	M	L	XL	donate
						S	M	L	XL	donate
						S	M	L	XL	donate
						S	M	L	XL	donate

I, the undersigned, hereby waive and release any and all rights and claims I may have against MWCABC, the town of North Hempstead, the Inc. Villages of Plandome, Plandome Heights, Plandome Manor, Flower Hill and the sponsors for damages which I may have arising out of said event. I am physically fit and have trained for this race. The applicant warrants that his/her physical condition has been verified by a licensed doctor. Further, I hereby grant full permission to any and all of the foregoing to use any pictures, or any other record of this event for any purpose whatever. If signed by a parent, the parent agrees to release and to hold the above named organization and persons harmless of any claims which may be asserted by or on behalf of the entrant.

signature _____

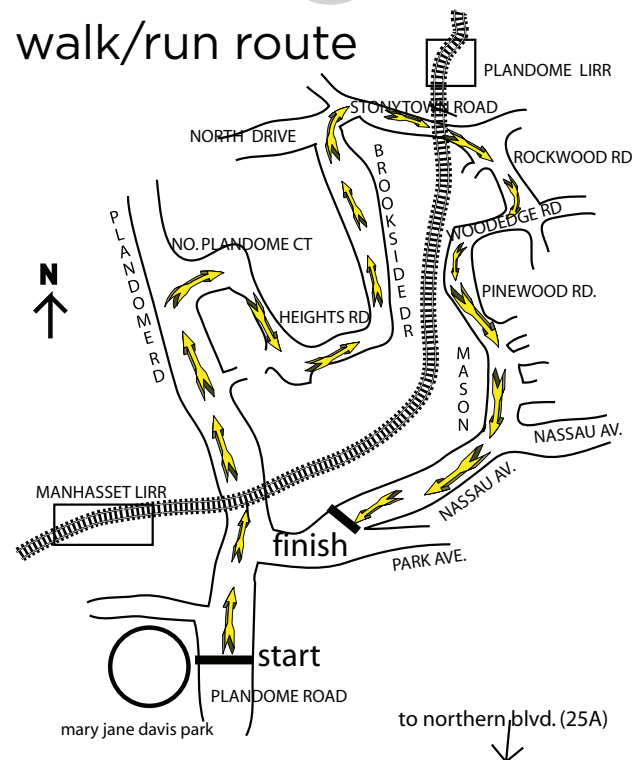
phone _____



The drawing for **cash for a cure**, MWCABC's raffle, will take place immediately before the race.

We welcome
adults, children,
strollers & physically
challenged,
but NO bikes,
scooters or
rollerblades.

For additional
information visit our
website:
**manhassetbreast
cancer.org**
or email us
**mwcabcrun
@gmail.com**
or call
516-869-1950



underwriting opportunities

We are reaching out to individuals and corporations to ask for their help in underwriting this special event, so that every dollar raised by the race can go directly to the fight against breast cancer.

We have established the following ranges, but any donation is appreciated.

Underwriters will be acknowledged at the race.

Platinum & pink level donor names will appear on the t-shirt.

- ☐ bronze \$50 — \$99 ☐ platinum \$500 — \$999
☐ silver \$100 — \$249 ☐ pink \$1,000 — \$2,000
☐ gold \$250 — \$499 ☐ other

Name as it is to appear on sign and/or t-shirt:

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