



# A Retreat for Living Well with Cancer and Beyond

**Relax + Restore + Renew**

Join Strength to Strength at the beautiful camp grounds of Bernice Jacobson Day School & Camp for a day of renewal, support and wellness. Experience a return of energy and vitality as we focus on gentle exercise, relaxation and creativity.

**Sunday, September 8**

**9:00am-2:30pm**

**Bernice Jacobson Day School & Camp**

340 Wheatley Road, Old Westbury

*Advance registration required by Monday, August 26*

Lunch is included.

Limited to the first 50 registrants. Caregivers are welcome.

For more information, contact Randy Hight, LMSW, Coordinator of Strength to Strength  
516-484-1545, ext. 213, [rhight@sjjcc.org](mailto:rhight@sjjcc.org), [www.sjjcc.org/sts](http://www.sjjcc.org/sts)



Sponsored by Manhasset Women's Coalition Against Breast Cancer



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## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone no. \_\_\_\_\_ Email \_\_\_\_\_

T-shirt size S - M - L - XL

Male  Female