MWCABC happy Holidays!



The MANHASSET WOMEN'S COALITION August BREAST CANCER

December, 2021 Issue 8



Welcome to our newest Outreach Program partners, Marian and Baldur Dujmovits, owners of Orangetheory Fitness studios in Garden City (516 564 2000), New Hyde Park (516 858 5600) and Carle Place (516 268 6272).

During Breast Cancer Awareness month, private classes were held in each of their studios where members made donations to MWCABC in support of our efforts to help women with breast cancer. We are so very grateful for their collective, very sizable donation!

Orangetheory is a 1-hour, fullbody *workout which focuses on heart rate-based training* with an emphasis on endurance, strength and power. Classes start as early as 5:00 am and end as late as 9:30 pm.The studios are open 7 days a week throughout the year, except on Christmas Day.

They invite us all to to take a first class for free! Call one of the numbers above to book.

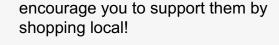
We look forward to continued collaborations with Marion and Baldur and their staff members!



The Haghani brothers, David and Afshin, owners of Loop and Gallery Couture in Manhasset, have been so incredibly generous to the MWCABC since their arrival on Plandome Road. We have been able to do so much good for so many women with breast cancer and their families because of their generosity. In addition to hosting multiple fundraisers for the Coalition each year, they continually support our own. For years, in anticipation of our annual Ladies' Night Out event, unfortunately not held in 2020 or 2021 due to Covid 19, they and their amazing team spend hours over the course of multiple days styling and outfitting a dozen or more of our Outreach Recipients, women of all ages, sizes and tastes who have recently fought breast cancer, getting them runway ready. Stories are shared, there is laughter and frivolity, and they are taken outside their breast cancer world for those moments ... retail therapy on another level! With heartfelt thanks for all they have done, we applaud them and



Marie Terranova (52yrs old) lives with her mom, Christine, in Bayside. Several years ago, she started knitting beautiful hats for family members who were going through chemo treatment. During Covid, Marie decided to knit hats for other cancer survivors. She found out about MWCABC through Adelphi and has donated 30 hats to keep our recipients warm this Winter. (Pictured from left to right- Kathy Gray, Outreach Coordinator & Marie Terranova)



KOLSDAY QUOTE

May your holidays sparkle with moments of love, laughter, and goodwill, and may the year ahead be full of contentment and joy. Have a Happy Holidays.



The Seniors of the North Shore High School Varsity Football Team held a fundraiser at their Homecoming game back on October 16, 2021 for The Manhasset Woman's Coalition Against Breast Cancer. The Fundraiser was led by Senior Anthony Santoro. He and Nick Caprarella came up with the idea to design a Homecoming jersey to bring awareness to the cause. Anthony Santoro took it one step further and with David Berlin set a plan and raised \$2800 amongst the seniors and other donors. They were inspired to choose MWCABC as it has supported the teachers of North Shore High School and the community. These first time LI Champion Football players are Champions both on an off the field.

MWCABC JUNIOR COALITION





The Junior Coalition girls participated in an ornament sale at this year's tree lighting on Friday, December 3rd in Mary Jane Davies Park. The girls ran a table that sold decorative and decorate-able ornaments that attendees could buy and then hang on the town tree. Since the tree lighting was cancelled last year due to Covid restrictions, the girls were thrilled to be back at their stations helping to bring some holiday cheer to our town.

The Junior Coalition members were also incredibly happy and gratified to be able to once again participate in our annual Holiday Cookie Baskets for

the Coalition's Outreach recipients during the weekend of December 17-19th. Whether baking or decorating or wrapping or delivering, the girls put their hearts and souls (and sprinkles!) into making these baskets colorful, fun and delicious every year. Making this endeavor even more rewarding is that they often get to meet the basket recipient in person (although socially distanced!), reinforcing good will all around.

If you are interested in volunteering with the Manhasset Women's Coalition Against Breast Cancer, click <u>here</u>

Your gifts, both large and small, will help us to continue to play a leadership role in the fight against breast cancer and related diseases and enable us to provide support services to hundreds of women and their families that need our help. Together we can

