



The MANHASSET WOMEN'S COALITION  
Against BREAST CANCER



### Sunday, October 22, 2017

Mary Jane Davies Park on Plandome Road in Manhasset

**registration:** begins 8:00am - closes promptly at 9:15am

**start time:** 9:30am sharp

**awards:** given 20 minutes after the last participant finishes

**t-shirts:** available to those who pre-register by October 15



nineteenth annual  
**5K**



**online pre-registration  
by October 20**

\$25 adults, \$15 kids 13 & under  
[elitefeats.com/mwcabc5K](http://elitefeats.com/mwcabc5K)



**mail-in pre-registration received by October 15**

\$25 adults, \$15 kids 13 & under  
Send form & payment to:  
MWCABC 75 Winchester Drive, Manhasset, NY 11030



**day of race registration**

\$35 adults, \$25 kids 13 & under  
**t-shirts are NOT available for  
same-day registrants**

To donate the t-shirt cost  
please circle "donate"

first name	last name	age	sex	address	email	bib #	t-shirt size				
							S	M	L	XL	donate
							S	M	L	XL	donate
							S	M	L	XL	donate
							S	M	L	XL	donate
							S	M	L	XL	donate

I, the undersigned, hereby waive and release any and all rights and claims I may have against MWCABC, the town of North Hempstead, the Inc. Villages of Plandome, Plandome Heights, Plandome Manor, Flower Hill, Munsey Park and the sponsors for damages which I may have arising out of said event. I am physically fit and have trained for this race. The applicant warrants that his/her physical condition has been verified by a licensed doctor. Further, I hereby grant full permission to any all of the foregoing to use any pictures, or any other record of this event for any purpose whatever. If signed by a parent, the parent agrees to release and to hold the above named organization and persons harmless of any claims which may be asserted by or on behalf of the entrant.

signature \_\_\_\_\_

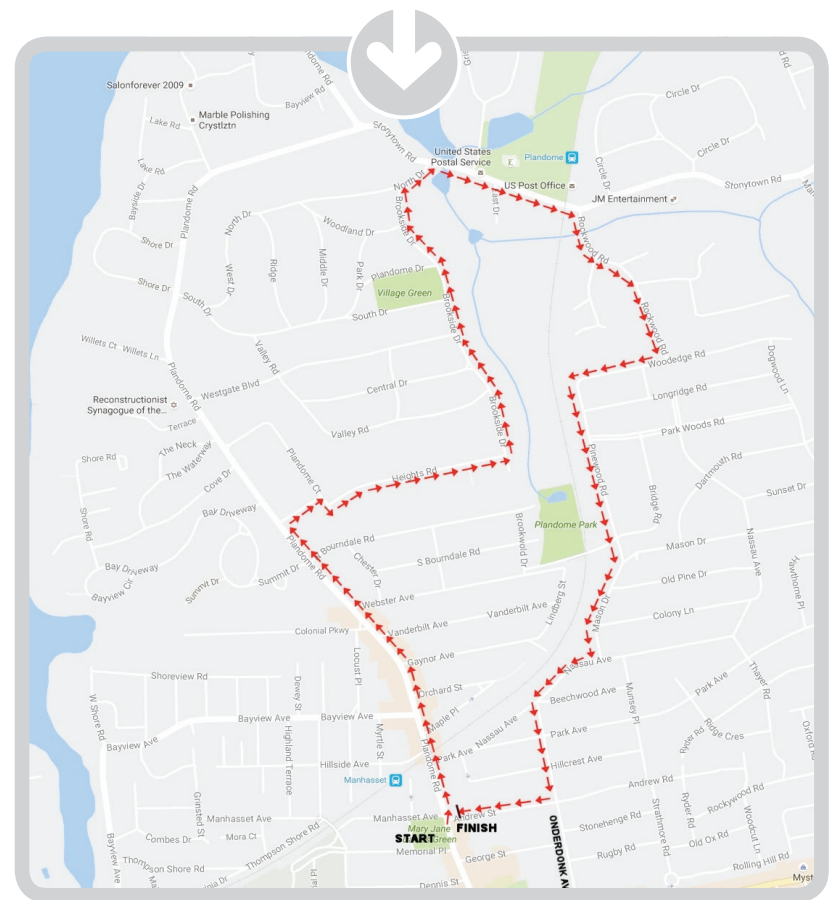
phone \_\_\_\_\_

  
 cash for a  
**CURE**  
 grand prize  
**\$10,000**

The drawing for  
**cash for a cure**,  
 MWCABC's raffle,  
 will take place  
 immediately before  
 the race.  
[godwhitl@aol.com](mailto:godwhitl@aol.com)

We welcome  
 adults, children,  
 strollers & physically  
 challenged,  
 but NO bikes,  
 scooters or  
 rollerblades.

For additional  
 information visit our  
 website:  
**manhassetbreast  
 cancer.org**  
 or email us  
**[sjmalysa@  
 verizon.net](mailto:sjmalysa@verizon.net)**  
 or call  
**516-547-7628**



## underwriting opportunities

We are reaching out to individuals and corporations to ask for their help in underwriting this special event, so that every dollar raised by the race can go directly to the fight against breast cancer.

We have established the following ranges, but any donation is appreciated.

Underwriters will be acknowledged at the race.

Highest donations will also be featured on the large gazebo banner near registration and band.

Please see insert for donor acknowledgement details.

- bronze \$50 – \$249
- silver \$250 – \$499
- gold \$500 – \$999
- pink \$1,000 & above

Name as it is to appear on sign and/or t-shirt: